



**Murrieta Modified
8 V 8 Soccer Rules**

Equipment

Each player must bring a photo ID (that states their name) with them to each game.

Each player must wear shin guards and matching jerseys. The home team must bring an alternate jersey in the event of conflicting colors. The home team must also provide the game ball.

Headgear is not allowed to be worn by any participant during games, except for one piece head/sweat bands that do not have to be tied or do not have any form of knot(s). Illegal headgear consists of any hats, bandannas, baseball caps, and any other such similar headgear.

Players must REMOVE ALL JEWELRY prior to participating, including any viewable body piercing.

Field

8v8 Soccer Field Dimensions

| | |
|----------------------|--------------------------------------------------------------------------|
| Length | 70-80 yards |
| Width | 40-45 yards |
| Goal | 7'h X 21'w 3 yards from each goal post and 3 yards into field of play |
| Goal Area | 12 yards from each goal post and 12 yards into the field of play |
| Penalty Area | 9 yards from center of goal line |
| Penalty Spot | 8 yard radius |
| Center Circle | 2' radius |
| Corner Arcs | Standard |

Forfeit

Team managers are responsible for contacting the opposing team's manager before the start of the game in the event of a forfeit.

As long as one representative from a team is present, that team will have a ten (10) minute grace period at the start of a game. The game clock will begin at the scheduled game time and will last until 10 minutes past. At five (5) minutes, a goal will be awarded to the team ready to play. At nine (9) minutes past, a second goal will be awarded to the team that is ready to play. At 10 minutes past, the game is forfeited and a score of 2-0 will be recorded. If a team arrives within that ten-minute grace period, the game will start with the remaining game clock and any goals awarded will remain as the starting score. **A team must have at least one (1) player for the grace period to be allowed. If a team has no players at the scheduled game time, it is automatically a forfeit.** The team that was ready to play at the start of the game will have the opening kickoff.

Players

A team will consist of 8 players.

A team may start the game with as few as 6 players. (5 guys max and 1 girl minimum)

Coed teams must have at 3 women on their team.

Substitutions can be made on the fly. Except for goalies, they must have the attention of the referee. To substitute, the player must be completely off the playing field before the substitute may enter the field.

The Game

There will be two 30 minute halves with a continuous running clock.

Officials can account for stoppage time.

5 minute half time

Each team will have one time out each half of the game.

Tie Breaker- Playoffs Only

If at the end of a match the score is tied there will be one 5 minute sudden death overtime.

If at the end of sudden death overtime the score is tied there will be a penalty style shoot out.

5 shots will be taken on the goalie that was in the goal the last 5 minutes of the game

Players may be chosen before the shootout begins, all other players must move beyond midfield.

The 5 shots will be taken from 9 yards out.

Goal

A goal is scored when the ENTIRE ball has crossed the goal line between the goal posts and under the cross bar; provided it has not been thrown, directly propelled by hand, arm, or carried by a player of the attacking team. A female goal will count as **TWO (2)** goals. A goal may be scored from a:

- kick off
- goal kick
- direct free kick
- penalty kick
- corner kick

Goalie Play

Goalies may use their hands anywhere inside their goal box.

Goalies have 5 seconds until they are required to release a controlled held ball.

A goalie punt must be touched before crossing mid field.

A goal kick must be touched before crossing mid field.

Goalies may throw the ball past mid field.

Once a goalie has controlled and then released the ball he/she may not touch the ball again using their hands until another player has touched the ball.

Goalies may play the ball from being on the ground within their goal box. The ball or any part of the goalie's body must be touching the goalie box.

To change goalies, the relief goalie must enter the field and previous goalie must exit the field immediately. Once off the field this person may sub in for teammates, but they must leave the field first.

Prior to the last five (5) minutes of the game, if a team wants to exchange goalies they must do so because after the five (5) minute mark the goalie will not be allowed to change positions. Therefore, the goalie that is in the last five (5) minutes of the game will be the goalie that defends against penalty shots.

Fouls

Slide tackling: There will be no slide tackling in 8v8 play.

Handball: a ball touched with a hand or arm by any player other than the goalie.

Any roughness: tripping, pushing, holding

Illegal substitution (substitute entering the field before the player he/she is replacing is off).

Offsides

There will be **NO OFFSIDES** in 8-on-8 soccer

Penalties

Goalies must keep their heels on the goal line. Once the kicker has begun his/her attempt the goalie may move laterally, but not until then.

Once a kicker has kicked a penalty shot then a goalie may move forward/backward, but not until the ball has been kicked.

The kicker has only one attempt to score. The attempt must be in one motion. If the kicker stops the penalty shot it is considered a missed shot.

The goalie may not move from the end line until a ball is kicked.

Goalies may not be exchanged during penalty shots

Direct Free Kick

A direct free kick is awarded to the opposing team if a player commits 1 of these 6 offences

Kick or attempts to kick an opponent

Trips or attempts to trip an opponent

Jumps at an opponent

Charges an opponent

Strikes or attempts to strike an opponent

Pushes an opponent

A direct kick is also awarded if a player commits any of the following four offences

Tackles an opponent to gain possession of the ball, making contact with the opponent before touching the ball

Holds the opponent

Spits at an opponent

Handles the ball deliberately

A direct free kick is taken from where the offence occurred

Penalty Kicks

A penalty kick is awarded if any of the above offences is committed by a player inside his own penalty area, irrespective of the position of the ball, provided it is in play.

Indirect Free Kick

An indirect free kick is awarded to the opposing team if a goalkeeper, inside his own penalty area, commits any of the following four offences

Takes more than 5 seconds while controlling the ball with his hands before releasing it.

Touches the ball again with his hands after it has been released from his possession and has not touched any other player. (Exception if a goalie is bouncing the ball)

Touched the ball with his hands after it has been deliberately kicked to him by a team-mate.

Touches the ball with his hands after he has received it directly from a throw-in taken by a team-mate.

An indirect free kick is also awarded to the opposing team if a player in the opinion of the referee...

Plays in a dangerous manner

Impedes the progress of an opponent

Prevents the goalkeeper from releasing the ball from his hands

Commits any other offence, not previously mentioned

The referee signals when the shot is taken and can only be a goal if the ball touches another player before it enters the goal.

The indirect free kick is taken from where the offence occurred

Advantage

When an official refrains from whistling a violation or foul, he/she will clearly indicate by voice and gesture that it is an advantage so the players know that the penalty has not gone unnoticed. An advantage will be called if, in the judgment of the official, the attacking player has a legitimate shot to make a play.

Throw-In

A Goal can not be scored from being throw in.

Ball must pass over the player head

Both feet must remain on the ground

Corner Kick

A goal may be scored off a corner kick

A corner kick is awarded when the whole ball, having last touched a player of the defending team, passes over the goal line either on the ground or in the air, and a goal is not scored.

The ball is placed inside the corner arc at the nearest corner flag

The ball is kicked by the player of the attacking team

Player and coach conduct

Captains are responsible for the conduct of their players and fans

Only the captain is allowed to address an official during play

Acts of unsportsmanlike conduct including unnecessary roughness, arguing with officials, fighting, abusive language directed towards officials/opponents will result in player(s) involved being ejected from the game.

Any player ejected from the game will automatically be suspended for one contest.

Any player being ejected twice in a single season must meet with the league director before he/she may return to play. Team captains from other teams will be consulted on their opinion if that player should be allowed to return.

YELLOW AND RED CARD VIOLATIONS

A player shall be issued a **yellow card** (cautioned) if she or he:

- demonstrates unsportsmanlike behavior,
- dissents by word or action,
- persistently infringes the law of the game,
- illegally enters the game,
- illegally exits the game,
- delays the restart of the game (throw in, corner kick, free kick),
- does not assume the 10 yards on a corner kick or free kick,
- any other violation or foul the officials deem as a yellow card violation.

- If the same player is given two yellow cards, that player will receive a red card.

A player shall be issued a **red card** (ejected from game) if she or he:

- demonstrates violent conduct,
- demonstrates serious foul play,
- uses foul and abusive language,
- spits at another player, referee, or spectator,
- receives a second yellow card in the same game,
- intentionally physically impedes a player with an obvious opportunity to score a goal,
- denies his opponent a goal by intentionally handling the ball,
- any other violation or foul the officials deem as a red card violation.

Players receiving a red card will be suspended from their next scheduled game.